

CHAPTER I

INTRODUCTION

A. Background of the Study

In this world everything is just temporary. Everything we have is a surrogate of God. God can take all of it whenever He wants, but sometimes it is not easy for humans to accept something that they have for a long time, something that has become a habit and suddenly must change or disappear and never come back. People are not easy to live a new life they always need time to adapt and change their habits. Although perhaps it is not easy, but life is struggling and we must always struggle for something that becomes purpose of our life however the condition. As someone who is injury in an accident and suddenly gets disability there are no limits for her to continue her life.

The term 'disability' often meets with the term 'disabled. The United Nations and English speaking countries use 'disability' to name those who have different needs and abilities. But recently, in the Indonesian context, the disabled people especially the activists tend to use 'diffability' and 'diffable' (difabel) instead of 'disability' (Nugroho, et al., 2012: 83).

Disability is any temporary or permanent loss or abnormality of body structure or function, whether physiological or psychological (WHO in Ghosh, 2012:2).

There are some of disabilities Models that have been created to define disability. One of the models is medical disability model.

The medical model considers disability a problem of the individual that is directly caused by a disease, an injury, or some other health condition and requires medical care in the form of treatment and rehabilitation . The medical model at- tributes the problem to the individual, who has a condition that is unwanted and that places him or her in the "sick role" (Par- sons in Mitra, 2006:237).

The term ‘disability’ was firstly used by doctor Soeharso when he built the Rehabilitation Centre (RC) Solo in 1946. At that moment, ‘disability’ refers to ‘different in ability’ according to Dr. Soeharso’s medical approach (in Nugroho, et al., 2012: 83).

Diffable empowerment is the lasting issue of the movement. Long before Dr. Soeharso built the Rehabilitation Centre (RC) in Solo, the serious effort to increase the dignity of the diffable, by increasing their independence, has begun. There were medical services provided to ‘cure’ the diffable. Even so, based on Dr. Soeharso’s experiences, providing medical help alone was not enough to help a diffable become independent. So, the establishment of the Rehabilitation Centre was meant to help with this aim. By providing supporting tools and skills training, the diffables were helped to cope with their inadequacies and become independent. The skills- training was provided as a gateway to expand working ability more extensively. Unfortunately, the government and the caretaker of charitable institutions often became entrapped with a very narrow mindset (Nugroho, et al., 2012: 84).

Mr. Harso [Dr. Soeharso] once thought that if the diffables had artificial limbs, they would be autonomous. But then he knew that artificial limbs alone cannot make the diffable autonomous. ... An idea rose up. [dr. Soeharso thought], “Because there were a lot of spare time, how about if these people [the diffable] are provided with practical skills which were fast and easy to learn. Then, they could develop their skills themselves. ... This skill is just a gateway, but an eagerness to work must be understood more broadly. Unfortunately, the caretaker of the RC never understood this. Neither did the government, Sapto Nugroho, Yayasan Talenta Solo, Interview, 14/12/2011 (in Nugroho, et al., 2012: 84).

In 1996-1997 when the new term was finally found. With the late Mansour Fakih’s suggestion, the new term was ‘people with different ability’. The term was then re-formulated in Indonesia as ‘difabel’. Since then, the new humanized and non-derogatory term ‘diffable’ (difabel) was popularised (Nugroho, et al., 2012: 83).

On this occasion the researcher will look beyond a person's character from a novel with a title *Winners* in which people experience disability due to an accident.

Winners novel was written by Danielle steel in 2013. Danielle steels one of the world's most popular and highly acclaimed authors, with over ninety international bestselling novels in print and more than 600 million copies of her novels sold. She is also the author of *His Bright Light*, The Story of her son Nick Traina's life and death; *A Gift of Hope*, a memoir of her work with the homeless; and *Pure Joe*, about the dog she and her family have loved (Steel, 2013).

Winner's novel tells about the main characters that had a tragic event in their life, In the picturesque mountains of Squaw Valley, Colorado, a girl's dreams are about to be shattered. At just seventeen, Lily Thomas is already a ski champion training for the Olympics, her heart sets on winning the gold. But in one moment, Lily's future is changed forever her hopes for Olympic triumph is swept away in a tragic accident. Her father, Bill, refuses to accept Lily's fate, while her neurosurgeon, Dr Jessie Matthews, is adamant that all hopes are not lost. But when Jessie endures a tragedy of her own, her spirit is truly tested (Steel, 2013)

There are some reasons why the writer is interested in analyzing this novel. Firstly, the writer was very fascinated with Lily, she had an accident and otherwise cannot walk forever but lily has an incredible zest for life to achieve his dream and she was determined to be able to live like normal people. Secondly, *winners'* novel has moral story. It tells us that every lost is not an obstacle to continue life so much better. Everyone ever lost their important thing, but that doesn't mean their life stops at the time, we must continue our live well. Thirdly, this novel has inspiration story. It shows how Lily, someone who sitting in a wheelchair could rise up and live like normal people although initially not easy but she lived with sincerity and passion

because she had a dream to be achieved, also love of Bill Thomas that is extraordinary to her daughter who was sitting in a wheelchair.

Relating to all the reasons above, the writer uses psychological individual approach. The 'Individual Psychologist' works with an individual as an equal to uncover his values and assumptions. A person is not aware that he is acting according to misperceptions, it becomes the task of the practitioner to not only lead the individual to an insightful exposure of his errors, but also to re-orient him toward a more useful way of living. The practitioner seeks to establish a climate in which learning can take place. Encouragement and optimism are his key concerns. Alderman therapy permits the use of a wide variety of techniques, for example, Drama Therapy and Art Therapy. Despite the methods used, techniques are used first to help relieve suffering and second, to promote positive change and empowerment. From the point of view of Mind Development, the most important constant factor is the stress on social interactions and social contribution; the more outgoing social interest, the less feelings of inferiority the individual has (Alfred Alder, Individual Psychological Terms).

Based on the data above, the researcher analyzes the *Winners* novel by using psychological individual approach to dig up major and minor characters' of thought entitled DIFFABILITY REFLECTED DANIELLE STEEL'S *WINNERS (2013) NOVEL: AN INDIVIDUAL PSYCHOLOGICAL APPROACH* To achieve the purpose of the study, the writer analyzes the novel of its nature of literary, nature of author and nature of society.

B. Literature Review

To prove the original of this research the researcher wants to present the previous researcher that deal with this object research and the analysis. The researcher looked for other researches as references that have correlation with this research. The researcher finds the reference that has correlation with

this analysis. The first research entitled “**father’s love reflected at *Danielle Steel’s winners* (2013) novel: A humanistic psychological approach**”. The second research entitled “**Single parenthood reflected at *Danielle steel’s Winners* (2013) novel: An Individual psychological approach**”. But both researches are ongoing so researcher has not found yet the result of this research.

Based on the description, the researchers above are different with the researcher because researcher uses humanistic psychological as approach. The researcher here wants to conduct a study on Danielle steel’s novel based on Individual psychological approach. The writer focuses on the Diffability in *winners* novel. The similarity of this research is the use of *winners* novel (2013) as the data source.

C. Problem Statement

The problem statement of this research is “How is diffability reflected at *Danielle Steel's Winners*’?”

D. Objectives of the Study

The objectives of the study are mentioned as follows:

1. To analyze *Danielle Steel’s Winners* (2013) based on the structural elements of the novel.
2. To reveal diffability by using an individual psychological approach.

E. Limitation of the Study

The researcher focuses this research in analyzing diffability reflected in *Danielle steels’ Winners* (2013) based on an individual psychological Approach.

F. Benefit of the Study

The study is expected to give benefits as follows:

1. Theoretical Benefit

The writer wishes that this study can impart a new contribution and information to the larger body of knowledge, especially the literary study on *Danielle Steel's Winners* (2013).

2. Practical Benefit

This study is wished to give deeper understanding and enrich both knowledge and experience especially for the writer, generally for other students of Muhammadiyah University of Surakarta and also can be used as reference by other university students who are interested in literary study on *Winners* (2013) by Danielle Steel, based on An Individual psychological Approach.

G. Research Method

In this research, the researcher analyzes *Danielle Steel's Winners* (2013). There are five elements that should be taken into account in this research, they are:

1. Type of the Study

The writer will employ the descriptive qualitative research. Moleong (1983:3) affirms that qualitative research is research which result in the descriptive data in the form observed people or behaviors. Then, the steps of conducting this qualitative study are (1) determining the object of the study, (2) determining the source of the data, (3) determining the method of data collection, and (4) determining the technique of data analysis.

2. Object of the Study

The object of the study is *Winners novel* by Danielle Steel which is published in 2013. It is analyzed by using an individual psychological approach.

3. Type of the Data and the Data Source

There are two types of data namely primary data and secondary data that are needed to do this research.

a. Primary Data

The primary data are the main data obtained from all the words, dialogues, phrases and sentences in the drama script. The primary data sources of the study are *Winners novel* by Danielle Steel.

b. Secondary Data

Secondary data are the supporting data taken from literary books, criticism, and some articles related to the novel. The secondary data of the study are taken from any information related to the novel.

4. Technique of the Data Collection

In conducting the study, the writer uses the techniques in collecting the data as follows:

- a. Reading the novel repeatedly
- b. Taking notes of important part in both primary and secondary data
- c. Underlying the important word, phrases and sentences which are related to the study
- d. Arranging the data into several part based on its classification
- e. Selecting the data by rejecting the irrelevant information which does not support the topic of the study
- f. Drawing the conclusion of the analysis that has already done in the former chapter and formulating its pedagogical suggestion.

5. Technique of the Data Analysis

In analysis data, the writer uses descriptive qualitative analysis of content. The steps of technique of the data analysis are compiled as follows:

- a. Analyzing the structural elements of the Novel. Focus will be paid on the structural analysis of the novel.
- b. Trying to decide the individual psychological analysis of literary work
- c. Making discussion of the finding
- d. Making conclusion

H. Paper Organization

The organization of this study is explained by the researcher in order the reader can understand the content of the paper easier. This research paper is divided into five chapters. The first chapter is introduction, which contains background of the study, literary review, problem statement, objectives of the study, limitation of the study, the benefit of the study, research method, and paper organization. The second chapter is underlying theory; it describes the notion of an individual psychology approach, basic concept of an individual approach, notion of diffability, and theoretical application. The third chapter is structural analysis, it covers (1) the structural elements of *Winners* novel; it consists of narrative elements of the novel such as characteristics and characterization, setting, plot, point of view, style and theme; (2) discussion. The fourth chapter is an individual psychological analysis of *Winners* novel. The writer will present an individual psychological analysis of major character of the *Winners* novel and discussion. The fifth chapter is the last chapter of this research paper that consists of conclusion and suggestion.